MEDICAL GUIDANCE FLOWCHART Class: 1 2 3



Atrial Fibrillation

Resting ECG

24-Hour Holter

Echo-cardiogram

Exercise ECG (note 3)

CHADSVASC score

• CVD risk assessment (note 5)

Follow-up plan/further examination needs



- ⁽²⁾ No significant symptoms and adequate rate control if paroxysmal persistent or permanent.
 - ^(2A) Acceptable treatment for rhythm control includes Bisoprolol, Metoprolol, Digitalis, Diltiazem and Verapamil. Others may be acctable in consultation with CAA. Risk assesment needed from specialist.
 - (3) Minimum 9 minutes duration of test with no significant abnormality of rhythm or conduction, nor evidence of ischemia. METS \geq 10 must be achieved.
 - ⁽⁴⁾ For unsatisfactory results collect all medical documents and refer/consult for possible suspension/revocation.
 - ⁽⁵⁾ Stroke and Cardiac event Risk assessment using ESC Calculators (app)
 - ⁽⁶⁾ Possible SSL: cannot work alone. Applicants who measure their INR on a 'near patient' testing system within 12 hours prior to flight and only exercise the privileges of their license if the INR is within the target range, may be assessed as fit. Results should be recorded. To be defined in SSI limitation letter.

PROVIDE DOCUMENTATION FOR ALL STEPS